

Our Goals, Vision and Purpose

The Wellbeing Gateway

We will offer an initial meeting with each veteran, family member or carer to establish the kind of help that would be most appropriated for each case.

The Wellbeing Group

We will offer a Wellbeing Course to help veterans and families to develop better awareness and ways to help individuals to stay well and live fulfilling lives.

We also hope that in time you will want to become peer to peer specialists.

Workforce Development

We are working with our staff to ensure our workforce is aware of military culture, its structure, experiences, and issues that present difficulties to the community such as (PTSD), alcohol misuse, and concerns about accessing services.

Armed Forces Community Health and Wellbeing Team

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The information in this leaflet is available in additional languages and alternative formats. Please contact the Trust for further details.

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Leaflet Code: L/438/v1/16
Produced: October 2016

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NHS Foundation Trust

Armed Forces Community Health and Wellbeing Team



**ARMED FORCES
COVENANT**

Dorset HealthCare Trust will endeavour
in our business dealings to uphold
the principles of the Armed
Forces Covenant

Armed Forces Health & Wellbeing Service

Who is the service for?

The service is for members of the Armed Forces Community (AFC) living in the county of Dorset (including Bournemouth and Poole) .

How do I access you?

Individuals from the **Armed Forces Community** can contact the team directly using the details on the back of this leaflet, or via referral from a health, social care or third sector team. Services wishing to make a referral should also use these contact details.

What do you do?

The Armed Forces Community Health and Wellbeing Team (AFCT) will provide a service to ensure members of the AFC are supported to access services that provide health and social care support

AFCT makes use of a number of services in a co-ordinated way providing a single point of access for the **Armed Forces Community**.

The team also takes factors such as housing, welfare and employment issues into consideration as part of our initial meeting and, when appropriate, will liaise with local organisations to ensure that members of the AFC receive timely and appropriate support.

In Short, Here's How We Work:



The Armed Forces Community?

The **Armed Forces Community** is defined, for the purposes of the Armed Forces Covenant, as including all those towards whom the Nation has a moral obligation due to Service in HM Armed Forces.

The Armed Forces Community includes:

Regular Personnel – Individuals currently serving as members of the Naval Service, Royal Navy and Royal Marines, Army or Royal Air Force.

Reservists – Volunteer Reservists, who form the Royal Naval, Royal Marine, Territorial Army and the Royal Auxiliary Air Force, and Regular Reservists, who comprise the Royal Fleet Reserve, Army Reserve and Royal Air Force Reserve.

Veterans – Those who have served in the HM Armed Forces, whether as a Regular or as a Reservist.

Families of Regular, Reservists and Veterans – The immediate family of those in the categories listed above. This is defined as spouses, civil partners, and children for whom they are responsible, but can where appropriate extend to parents, unmarried partners and other family members.

Bereaved – The immediate family of Service Personnel and veterans who have died, whether or not that death has any connection with Service.