

# CASE STUDY

Lisa has been working for the NHS for 27 years; she started at St Leonard's hospital in elderly care. Lisa then moved into elderly psychiatric care based at Alderney hospital and for the last 14 years she has worked as a support time recovery worker within Blandford Community Mental health team.



**Lisa Wilson**  
Support Time Recovery Worker

During this time, Lisa decided to complete a Level 3 apprenticeship in Health and Social Care as she hoped to further her knowledge in mental health care.

Lisa found the apprenticeship mentally stimulating and challenging at times, while she was also working full-time. However, Lisa learnt to balance her home life, work life and study.

“Working within a supportive environment and with knowledgeable colleagues also contributed positively towards achieving the practical parts of the programme.”

Lisa found that by completing this apprenticeship it has now given her job satisfaction and pride in her role. We all congratulate Lisa on her nomination for ‘Apprentice of the year’ and gaining her runner-up award, as well as winning the ‘Learner of the year’ award last year; these are all fantastic achievements!

Lisa found the whole experience of completing an apprenticeship hard work but fully rewarding.

“As a proud holder of the Health and Social Care Level 3 advanced apprenticeship, my advice to anyone thinking of completing the programme is to be disciplined, focused and enjoy it!”

Lisa is now undertaking the Nursing Associate apprenticeship.

“I found that you can achieve, progress and further knowledge at any age by being committed, disciplined and focused with yourself”



“I feel proud and honoured to have been awarded learner of the year and runner up apprentice of the year as a result of completing the apprenticeship programme.”