

Emergency Departments

Dorset County Hospital

Williams Avenue, Dorchester, DT1 2JY
Telephone: **01305 251150**

Poole General Hospital

Longfleet Road, Poole, BH15 2JB
Telephone: **01202 665511**

Royal Bournemouth Hospital

Castle Lane East, Bournemouth, BH7 7DW
Telephone: **01202 704167**

Salisbury Hospital

Odstock Road, Salisbury, SP2 8BJ
Telephone: **01722 336262**

Yeovil District Hospital

Higher Kingston, Yeovil, BA21 4AT
Telephone: **01935 475122**

If you need medical help fast you can call the NHS **111** number, or visit www.nhs.uk/111.

Out-of-Hours, please call your own GP's Out-of-Hours contact number.

In an emergency, dial **999**.

Please read this leaflet carefully.

If there is anything you do not understand or if you require further information, please contact your nearest minor injuries unit or Urgent Care Centre.

The information in this leaflet is available in additional languages and alternative formats. Please contact the Trust for further details.

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Dorset HealthCare
University
NHS Foundation Trust

Minor Injuries Unit

Advice on wound care



Dorset HealthCare University NHS Foundation Trust

Sentinel House
4–6 Nuffield Road
Poole, Dorset
BH17 0RB
☎ 01202 277000

🐦 @DorsetHealth
🌐 www.dorsethealthcare.nhs.uk

Information
for patients,
relatives and carers

Excellence
Compassion
Expertise

General wound care

- Any dressings placed over the wound should be kept clean and dry and changed by your Practice Nurse when advised.
- If the dressing gets wet, it should be removed immediately, the area dried and cleaned and a dry dressing applied.
- Do not be tempted to disturb or pick at the wound.
- For finger or hand injuries, do not wear rubber gloves or plastic protectors as they encourage the wound to sweat and make the wound wet and moist. This creates an environment in which infection is more likely to develop.



Continued symptoms

If you experience any of the following symptoms please contact your nearest minor injuries unit or consult your GP.

- Any spreading redness around the wound or tracking lines away from the wound.
- Any unpleasant smell or odour coming from your wound.
- You begin to feel hot, feverish or generally unwell.

Further advice

If you have any general questions or need advice, contact NHS **111** or log on to www.nhs.uk/111

If you are concerned, please contact your nearest minor injuries unit for advice. The contact details are on the back of this leaflet.

You may also contact your Doctor during normal surgery hours. If the call to your Doctor is urgent and outside the normal surgery hours of 8.00am to 6.30pm, your surgery will redirect you to the appropriate Out of Hours Service.

Minor Injuries Units

North Dorset:

Blandford Community Hospital

Milldown Road, Blandford DT11 7DD

Telephone: **01258 394032**

Westminster Memorial Hospital

Magdelene Lane, Shaftesbury SP7 8BD

Telephone: **01747 475251**

Yeatman Community Hospital

Hospital Lane, Sherborne DT9 3JU

Telephone: **01935 813991**

South West Dorset:

Bridport Community Hospital

Hospital Lane, Bridport DT6 5DR

Telephone: **01308 426245**

Lyme Regis Medical Centre

Uplyme Road, Lyme Regis DT7 3LS

Telephone: **01297 445777**

Portland Community Hospital

Castle Road, Portland DT5 1AX

Telephone: **01305 860111**

Weymouth Community Hospital

Melcombe Avenue, Weymouth DT4 7TB

Telephone: **01305 762545**

South and East Dorset:

St. Leonard's Community Hospital

Local Treatment Centre (out of hours)

241 Ringwood Road, Ringwood BH24 2RR

6.30 pm–10.30 pm Monday–Friday,

8 am–8 pm Sat, Sunday and bank holidays.

Telephone **111** for an appointment.

Swanage Hospital

Queens Road, Swanage BH19 2ES

Telephone: **01929 475009**

Victoria Hospital

Victoria Road, Wimborne BH21 1ER

Telephone: **01202 856410**