

Contact us:

Vocational Services
The Buckland Centre
9 Shelley Road
Boscombe
BOURNEMOUTH
BH1 4JQ

Tel 01202 443 100

Fax 01202 443 010



**Dorset HealthCare
University**
NHS Foundation Trust

Vocational Services



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Dorset HealthCare University NHS Foundation Trust

Sentinel House
4-6 Nuffield Road
Poole, Dorset
BH17 0RB
☎ 01202 277000

🐦 @DorsetHealth

🌐 www.dorsethealthcare.nhs.uk

**Information
for patients,
relatives and carers**



What do we do?

Vocational Services is an Occupational Therapy (OT) led service which offers vocational assessment and rehabilitation to aid with setting and meeting vocational goals.

Vocational rehabilitation involves helping the person and others understand and cope with how physical, cognitive and psychological consequences of a long term health condition affect ability to work.

Who is the service for?

Individuals whose long-term health condition is affecting their work options and who have a vocational goal.

Vocational goals could include finding ways to manage health needs in the following areas:

- Remaining in a current job or exploring alternative work options.
- Returning to paid work, voluntary work or education
- Taking up training opportunities for employment

How to access the service?

We accept referrals from any health professional such as a Physiotherapist, Medical Practitioner, Occupational Therapist, Psychologist or Speech and Language Therapist. We also accept referrals from staff at Job Centre Plus or other employment services when a health condition has been identified as an obstacle to work.

- To refer as a professional, please contact us for a referral form.
- If you would like to be referred please ask any of the professionals named above to complete a referral form.

Referral forms can be obtained from Vocational Services – details on the back cover of this leaflet.



What happens next

After referral, an OT will make contact with the person who has been referred by phone. They will then arrange to meet together to assess whether the service is suitable.

Following assessment, goals will be agreed and a vocational treatment plan will be developed.

The treatment plan could include a range of vocational rehabilitation activities such as:

- Group work
- One to one sessions
- Workshops
- Workplace visits

Map of Vocational Services

