

# Community Nurse

## Community Nurses can help you...



...to live in the community and feel safe, happy and healthy



...with behaviour support



...with your annual health check and health screening at the doctors



...pointing you in the right direction for services



...to assess and monitor your Epilepsy



...with your health appointments and understanding what you need to do to look after yourself



...with understanding relationships and how to keep safe



...lead a healthy lifestyle and stay fit and well



...if you are finding it difficult to understand or communicate your feelings

We will work with...

- You
- Your family and friends
- Social Worker
- Doctor
- Advocate

We can see you in our office, at your home, day centre, college or work.