

## Going Home After a Stomach Operation



**After the operation you may feel more tired.**

**Do not worry, this is normal.**

**You will feel better in a few weeks.**

**You may not feel hungry.**

**You may feel have tummy ache after eating.**

**When you eat try to relax.**

**Sit down quietly after eating.**



**Eat small amounts of fruit and vegetables.**



**Drink 6-8 glasses of water or juice every day.**

ERROR: ioerror  
OFFENDING COMMAND: image

STACK: