

## When can I stop?

You should keep taking your medication until your doctor tells you to stop.



You should keep taking it, even if you feel better.



If you want to stop taking it, talk to your doctor first.



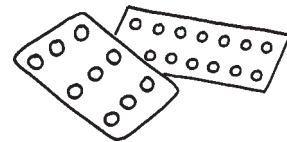
## Important

Some medications do not work well together.

You should always tell your doctor or pharmacist what you are taking.



If your medication looks different it might be a different make.



Alcohol can make you ill if you drink it when you are on medication.



## Advice and Support

If you have any questions or worries about your medication talk to...

your doctor



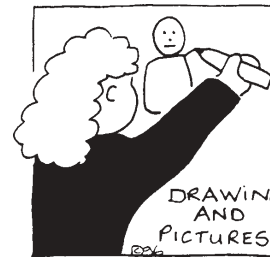
or



the pharmacist at your local chemist

This leaflet was created by Michelle Forster, Betsy Wilkie, Dr Andre Strydom, Caroline Edwards and Dr Ian Hall.

The drawings are by Sally Poole, and from the CHANGE Picture Bank.



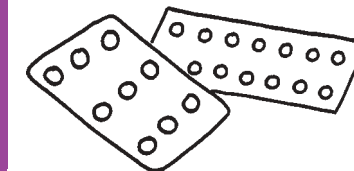
These people helped to make the leaflet easier to read: John Stevens, Jackie Ryan, Linda Doherty and Eamon Maher.



For more information contact The Elfrida Society, telephone: 020 7359 7443 fax: 020 7704 1358 Produced February 2001

# Your medication is called

## sertraline or Lustral



## SSRI antidepressant

This is not an official manufacturer's patient information leaflet.

## Why am I taking this?

It can help depression.



It can calm you down if you are anxious.



## How do I take it?

Swallow your tablet whole with a glass of water.



## When do I take it?

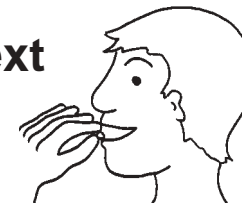
Ask your doctor when to take it.

## What if I forget to take it?

Take it as soon as you remember.



If it is nearly time for your next dose, only take one dose.



If you have any problems with taking your medication, you should talk to your doctor straight away.

## Side effects

At first, you might have some side effects, like...

problems with sleeping

feeling 'on edge'

feeling sick

an upset stomach

you could have problems with sex



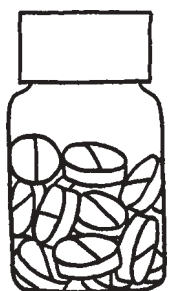
These effects should go after 2 weeks. If you are worried, talk to your doctor.

## How will it make me feel?

It should make you feel calm.

It could take a week before you start to feel better.

## What will it look like?



**IMPORTANT!**  
**These side-effects are more serious...**

**a rash all over your body**

**itchy skin**



**If this happens, you must talk to your doctor straight away!**