

Leaving Hospital

What you need to know about going home from hospital



Easy Read version

Design by Patient Information Co-ordinator
If you would like this leaflet in any other format or language, please contact Dorset HealthCare on **01202 443160** for further details.

For more copies of this leaflet please contact the Patient Information Co-ordinator on **01305 368040**



Before you leave hospital



- Check that you have asked the doctor or nurse about anything you don't understand
- check that you know what should happen next
- write it down
- ask the nurse if there is anything you don't understand
- ask who to go to if you have any more questions or problems when you get home
- write it down
- ask a nurse about joining a **support group** if you want to join one
- ask a nurse if you want to see **copies of the letters** written about you and your hospital visit

Going home



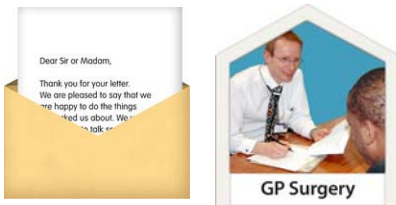
The nurse will tell you when you can go home.



The nurse will give you the medicine you need to take home.



The nurse will tell your family and friends.



The hospital will send a letter about your stay to your doctor.



The nurse will help you sort out how you can get home.

When you get home



Write down what you talked about and what happens next. Keep your notes.



If you want to tell the hospital if you felt happy or sad about your stay, write it down and tell the nurse who looked after you.

Follow up meeting and results



If you have a test or a follow-up meeting, put the date in your diary. Or make sure your carer knows about this.



If you have not heard about your follow up meeting after a few days, ask what's happening



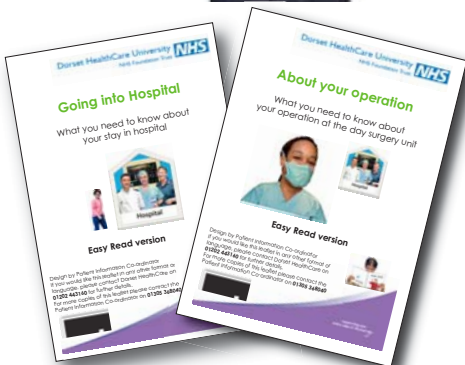
If you have had a test you should be given the results. If you don't get the results ask when you will get them.



If it is not clear, ask what the results mean.



Remember, it is important you understand what the doctors say to you and what you must do to get better.



Further information

Other leaflets in this series:

- Going into hospital
- About your operation