



**Dorset HealthCare  
University**  
NHS Foundation Trust

Are you caring for somebody under the age of 65 who has been diagnosed with Alzheimers Disease or any other form of dementia?


Would it help to meet with other carers?

We are holding bi-monthly meeting for carers of a person with young onset dementia. This will be an opportunity to join in discussion and exchange of experience over tea and biscuits with a member of the Community Mental Health Team.

The meeting will take place at the Haymoor Day Hospital in the grounds of Alderney Hospital, Poole on the following dates:

Saturday 12<sup>th</sup> January 2019 2pm to 4pm  
Saturday 9<sup>th</sup> March 2019 2pm to 4pm  
Saturday 18<sup>th</sup> May 2019 2pm to 4pm  
Saturday 6<sup>th</sup> July 2019 2pm to 4pm  
Saturday 7<sup>th</sup> September 2019 2pm to 4pm  
Saturday 9<sup>th</sup> November 2019 2pm to 4pm

For further details contact Sue Mitchell  
(Occupational Therapist)

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